

COUNSELING (COUN)

COUN 501 TOPICS IN COUNSELING1-3 Credits

To meet the individual needs of students, it may become necessary to offer seminars or special topics that are not within the range of counseling courses described in this publication.

COUN 520 PSYCHOPHARMACOLOGY, SOCIAL AND MEDICAL ISSUES IN ADDICTIONS3 Credits

This course will explore and review issues of medical and psychological aspects of alcohol/drug use, abuse and addiction. This course is designed to meet the requirements to apply for addictions counseling licensure. Special emphasis is placed on psychopharmacology within the context of addiction.

COUN 523 DIAGNOSES AND THE DSM3 Credits

Within the context of normal human growth and development, mental health and behavioral disorders are studied using the current Diagnostic and Statistical Manual of Mental Disorders.

COUN 531 COUNSELING AND COMMUNICATION SKILLS3 Credits

Introduction to counseling techniques and interviewing skills for the counseling profession.

COUN 532 TREATMENT ISSUES IN ADDICTIONS3 Credits

Substance abuse issues are explored in a variety of counseling settings.

COUN 533 COUNSELING ETHICS AND PROFESSIONAL IDENTITY3 Credits

Surveys the ethical, legal and professional issues facing the counseling professional. Topics on professional conduct, decision-making and the legal requirements for licensure will be studied.

COUN 534 FUNDAMENTALS OF ASSESSMENT3 Credits

Introduction to the uses of assessments in counseling and school counseling. Understanding the uses of validity and reliability in assessment instruments will be presented. Exploration offered in types of assessment and what is needed to construct assessments.

COUN 535 MULTICULTURAL COUNSELING3 Credits

Topics include issues of diversity, cultural characteristics, culturally appropriate and sensitive interventions imperative for those entering the counseling profession.

COUN 536 FAMILY DEVELOPMENT3 Credits

This course will explore the different stages of family development. Also examined are the multicultural issues of family development and the different definitions and trends of family.

COUN 541 COUNSELING THEORIES3 Credits

Review of the major theoretical constructs in counseling and psychotherapy with incorporation of multicultural relevance in the treatment of each theory.

COUN 545 ESSENTIALS OF ADDICTION COUNSELING AND CASE MANAGEMENT3 Credits

This course is designed to review specific needs and approaches in alcohol/drug assessment, case planning and management.

COUN 600 INDEPENDENT RESEARCH OR STUDY1-3 Credits

Guided independent research or study in the area of counseling. The number of credit hours varies in accordance with the topic and the amount of work required.

Add Consent: Instructor Consent

Requirements: Permission of instructor, Dean of Graduate Studies, and Academic Vice President.

COUN 629 COUNSELING CHILDREN3 Credits

This course provides a theoretical overview of the growth and development of children. Emphasis is placed on translating theory into practice in school and community settings.

COUN 630 CRISIS COUNSELING3 Credits

This course provides an overview of crisis and disaster intervention strategies for the professional counselor. Issues addressed include, but are not limited to, crisis of suicide, homicide, domestic violence, school violence, post-traumatic stress disorder, and vicarious trauma. The counselor's role in natural and human disaster intervention is also addresses.

COUN 631 PRINCIPLES AND PRACTICES OF MENTAL HEALTH COUNSELING3 Credits

This course addresses professional principles and practices of mental health counseling. It includes history, identity, roles, and trends affecting the field and practice of mental health counseling in community and agency settings.

COUN 632 CAREER AND LIFESTYLE DEVELOPMENT3 Credits

Takes a developmental approach to career and lifestyle choices throughout the lifespan. Leading theories of occupational choices and the process of career decision making is discussed.

COUN 634 GROUP COUNSELING3 Credits

The theories, research and application of group counseling will be offered in this course. Applying techniques for group process will be done through an experiential group setting.

COUN 635 SCHOOL COUNSELING3 Credits

Introduces topics to prepare potential school counselors to function effectively at the elementary or secondary level. The American School Counseling National Comprehensive Model as applied to school counseling is addressed.

COUN 636 FAMILY COUNSELING3 Credits

Examines the dynamics of family counseling and family systems. Satisfactory completion of this course gives students a fundamental understanding of family systems theory and other leading theories of family counseling and their application in the counseling process.

COUN 637 ADVANCED HUMAN DEVELOPMENT3 Credits

Case studies interwoven with empirical findings, theory, research methodology, explanations of technical concepts and practical issues are presented to clarify biological, perceptual, cognitive, social and emotional development.

COUN 639A PRACTICUM IN COUNSELING3 Credits

Provides students with opportunities to work with clients in on-going counseling situations, under the direct supervision of a qualified faculty member. Students will see individual clients and/or group clients in counseling clinic setting and will accumulate a minimum of 20 hours of direct client contact.

Prerequisites: COUN 531, COUN 533, and COUN 541 (and COUN 635 if majoring in School Counseling)

Add Consent: Department Consent

COUN 639B PRACTICUM IN COUNSELING3 Credits

A continuation of Practicum which provides students with opportunities to work with clients in on-going counseling situations, under the direct supervision of a qualified faculty member. Students will see individual clients and/or group clients in counseling clinic setting and will accumulate a minimum of 20 hours of direct client contact.

Prerequisites: COUN 531, COUN 533, and COUN 541 (and COUN 635 if majoring in School Counseling)

Add Consent: Department Consent

COUN 640 INTERNSHIP IN COUNSELING1-6 Credits

Professional fieldwork experience in counseling to refine and enhance the basic counseling or student developmental skills and integrate professional knowledge and skills appropriate to the student's specialization. This will be done in accordance with the Nebraska state law requirements for licensure and/or certification of the student's specialization.

Prerequisites: COUN 639A for School Counseling majors and COUN 639A and COUN 639B for Clinical Mental Health Counseling majors

Add Consent: Department Consent

COUN 655 SCHOLARLY PROJECT1-3 Credits

For students selecting Plan II, as listed under Program Requirements. The student engages in a major project related to their area of specialization.

The design of the paper and the project is in cooperation with the student's graduate committee.

Add Consent: Department Consent

Requirements: Must complete three (3) credit hours.

COUN 660 THESIS1-6 Credits

For students selecting Plan I, as listed under Program Requirements.

The student designs and implements an extensive research project. The research and the paper are designed in cooperation with the student's graduate committee.

Add Consent: Department Consent

Requirements: Permission of advisor and the Dean of Graduate Studies; must complete six (6) credit hours.