

COUNSELING (COUN)

COUN 500 COUNSELING ORIENTATION0 Credits

This counseling orientation is designed to provide a comprehensive introduction to the counseling field and the foundational skills necessary for success in the graduate counselor education program. This course is designed to be interactive and engaging, with opportunities to connect with faculty, staff, and fellow students, building a supportive community to enhance the graduate counseling experience.

Requirements: Online synchronous and asynchronous participation.

COUN 501 TOPICS IN COUNSELING0-3 Credits

To meet students' individual needs, offering seminars or special topics not within the range of counseling courses described in this publication may become necessary.

COUN 502 INTRODUCTION TO CLINICAL MENTAL HEALTH COUNSELING3 Credits

This introduction to clinical mental health counseling addresses professional principles and practices in the context of history, identity, roles, and trends affecting the field and practice of mental health counseling in community and agency settings.

Requirements: Minimum grade of B.

COUN 503 INTRODUCTION TO SCHOOL COUNSELING3 Credits

This introduction to school counseling course prepares students for effective program development, delivery, and evaluation based on the national ASCA model. It focuses on the career, academic, personal, and social development aspects of school counseling.

Requirements: Minimum grade of B.

COUN 520 PSYCHOPHARMACOLOGY, SOCIAL AND MEDICAL ISSUES IN ADDICTIONS3 Credits

This course will explore medical and psychosocial aspects of alcohol/drug use, abuse, and addiction. Designed to meet licensure for Alcohol and Drug Counseling, the emphasis is on psychopharmacology and addiction.

Prerequisites: COUN 532

COUN 523 DIAGNOSES AND THE DSM3 Credits

The course explores psychopathology's social-biological origins and dynamics in adults and children. It introduces students to the latest edition of the Diagnostic and Statistical Manual of Mental Disorders to facilitate making psychological diagnoses. Students will also receive an overview of the etiology of various psychological disorders crucial to helping clinicians recognize how psychopathology may develop, is maintained, and respond to treatment. Identifying variables associated with the onset and maintenance of psychological disorders may also help students differentiate among various psychological disorders.

Requirements: Minimum grade of B.

COUN 532 TREATMENT ISSUES IN ADDICTIONS3 Credits

This course explores chemical and behavioral dependency recognition, co-occurring disorders, and their impact on medical and mental health issues.

COUN 533 ETHICAL AND LEGAL ISSUES IN COUNSELING3 Credits

This course enhances students' understanding of ethical principles, professional codes, and decision-making skills. It will examine legal statutes that influence counselor conduct, highlight examples of malpractice, and present risk management strategies to support healthy counseling practices in school and clinical mental health environments.

Requirements: Minimum grade of B.

COUN 534 COUNSELING ASSESSMENT3 Credits

This course examines basic assessment principles, including achievement, aptitude, and intelligence tests, interest and personality inventories, diagnostic measures, client outcome and rating measures, clinical interviews, and observations. Students can conduct assessments, interpret assessment results, and write assessment reports.

COUN 535 MULTICULTURAL COUNSELING3 Credits

This course explores multicultural concepts, cultural identity development, and application of counseling strategies appropriate for culturally diverse clients. It also focuses on social justice and advocacy strategies, examining personal attitudes toward diverse populations to increase multicultural competency.

COUN 537 HUMAN DEVELOPMENT3 Credits

This course examines human growth and development across the lifespan. The student will review an emphasis on physiological, cognitive, social, emotional, personality, spiritual, and moral development, as well as legal, ethical, and diversity issues concerning human growth and development.

COUN 541 COUNSELING THEORIES3 Credits

This course provides an overview of foundational theoretical models of counseling. Students will develop an understanding of core counseling theories and their origins, philosophical tenets, and applications. Students will also examine their own theoretical beliefs and identify a personal theoretical orientation to inform their approach to counseling.

Requirements: Minimum grade of B.

COUN 545 ESSENTIALS OF ADDICTION COUNSELING AND CASE MANAGEMENT3 Credits

This course will explore specific approaches to alcohol and drug assessment. Students will explore the identification and development of addiction treatment planning strategies and case management.

COUN 600 INDEPENDENT RESEARCH OR STUDY1-3 Credits

This course is a guided independent research or study in counseling. The number of course credits varies per the topic and the amount of work required.

Add Consent: Instructor Consent

Requirements: Consent of Instructor, Dean of Graduate Studies, and Academic Vice President.

COUN 629 CHILD AND ADOLESCENT COUNSELING3 Credits

This course explores counseling theories, models, and therapeutic techniques for children and adolescents. Emphasis is on applying models, theories, and the appropriate selection and execution of counseling interventions specific to school-age.

COUN 630 CRISIS COUNSELING3 Credits

This course will examine disaster response, crisis prevention, and intervention. Students will increase their knowledge and application of crisis assessment, prevention, and intervention techniques drawn from theoretical frameworks, including the time-limited nature of crisis intervention, related legal and ethical issues, and appropriate interfacing with relevant service providers.

Notes: Online synchronous participation may be required.

COUN 632 CAREER DEVELOPMENT3 Credits

This course examines career development theories and lifestyle approaches throughout the lifespan. Students explore the impact of career choices across the lifespan and how to utilize career assessments and access career information for counseling clients. Students will also explore common occupational issues and the interrelationships between work and other life roles.

Notes: Online synchronous participation may be required.

COUN 634 GROUP COUNSELING3 Credits

This course examines group dynamics in theory and practice. Students will explore various types of counseling groups, group stages and dynamics, ethical considerations, diversity, and facilitation skills. The course includes a weekly synchronous small group counseling experience.

Requirements: Online synchronous and asynchronous participation. Minimum grade of B.

COUN 636 COUPLE AND FAMILY COUNSELING3 Credits

This course provides an overview of the historical roots and primary theoretical orientation of couple and family counseling. The course examines the application of therapeutic interventions, research trends, and ethical principles through a systemic lens.

COUN 638 COUNSELING SKILLS AND TECHNIQUES3 Credits

This course provides an opportunity to develop essential communication, interviewing, and counseling competencies. A focus is on developing the listening and interviewing skills necessary to utilize techniques across various theoretical orientations. It emphasizes counselor self-awareness, counselor development, and includes recorded counseling interviews and role-plays.

Prerequisites: COUN 500, 535, 541, and 502 or 503

Requirements: Online synchronous and asynchronous participation. Minimum grade of B.

COUN 641 COUNSELING RESEARCH AND PROGRAM EVALUATION3 Credits

This course introduces quantitative, qualitative, and mixed research methods. Emphasis will be placed on counseling specific research as the course will encourage students to develop their identity as a practitioner researcher. Counselor program evaluation methods and data collection will be explored.

Prerequisites: COUN 502 or 503

COUN 645 CLINICAL MENTAL HEALTH COUNSELING PRACTICUM3 Credits

This introductory field experience allows eligible clinical mental health counseling students to begin applying theoretical knowledge, counseling skills, and critical thinking skills in a real-world clinical setting. Under the supervision of licensed mental health professionals, students will engage in direct counseling activities, assessment, and intervention strategies while adhering to Nebraska state requirements for mental health practitioner licensure. Enrollment is limited to students accepted into the Clinical Mental Health MAE or Mental Health and Addictions Ed.S programs. Each student must accrue 100 clock hours with at least 40 hours of direct service. The semester before enrollment, the student must complete the practicum application process and be pre-approved.

Prerequisites: COUN 523, 533, 534, 634, 638, and 641

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 646 SCHOOL COUNSELING PRACTICUM3 Credits

This introductory field experience allows eligible school counseling students to engage in practical counseling and guidance activities within a Pre-Kindergarten through Grade 12 school setting. Under the supervision of a faculty supervisor and endorsed school counselor, students will begin to apply their theoretical knowledge and develop essential skills to support adolescents in their academic, social, and emotional growth, aligning with Nebraska state law requirements for school counselor endorsement. Each student must accrue 100 clock hours with at least 40 hours of direct service. The semester before enrollment, the student must complete the practicum application process and be pre-approved.

Prerequisites: COUN 533, 534, 634, 638, and 641

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 655 SCHOLARLY PROJECT1-3 Credits

In this course, the student engages in a project related to their area of specialization in cooperation with their advisor. This course is for students selecting Plan II, as listed under Program Requirements.

Add Consent: Instructor Consent

Requirements: Must complete three (3) credit hours.

COUN 660 THESIS1-6 Credits

In this course, the student designs and implements an extensive research project in cooperation with their advisor. This course is for students selecting Plan I, as listed under Program Requirements.

Add Consent: Department Consent

Requirements: Permission of advisor and the Dean of Graduate Studies; must complete six (6) credit hours.

COUN 680 CLINICAL MENTAL HEALTH COUNSELING INTERNSHIP 13 Credits

This field experience is designed for eligible Clinical Mental Health Counseling students to build upon practicum and more intensely apply theoretical knowledge, counseling skills, and critical thinking skills in a real-world clinical setting. Under the supervision of licensed mental health professionals, students will engage in direct counseling activities, assessment, and intervention strategies while adhering to Nebraska state requirements for mental health practitioner licensure. Each student must accrue 300 clock hours with at least 150 hours of direct service. The semester before enrollment, the student must complete the internship application process and be pre-approved. Enrollment is limited to students accepted into the Clinical Mental Health Counseling MAE and the Mental Health and Addictions Ed.S programs.

Prerequisites: COUN 645

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 681 CLINICAL MENTAL HEALTH COUNSELING INTERNSHIP II3**Credits**

This advanced field experience is a capstone for eligible Clinical Mental Health Counseling students, allowing them to refine theoretical knowledge, counseling skills, and critical thinking skills necessary in a real-world clinical setting. Under the supervision of licensed mental health professionals, students will engage in direct counseling activities, assessment, and intervention strategies while adhering to Nebraska state requirements for mental health practitioner licensure. Each student must accrue 300 clock hours with at least 150 hours of direct service. The semester before enrollment, the student must complete the internship application process and be pre-approved. Enrollment is limited to students accepted into the Clinical Mental Health Counseling MAE and the Mental Health and Addictions Ed.S programs.

Prerequisites: COUN 680

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 682 SCHOOL COUNSELING INTERNSHIP-ELEMENTARY3 Credits

This culminating field experience is designed for eligible School Counseling students to build upon the practicum experience and more deeply engage in counseling and guidance activities within an elementary school setting. Under the supervision of endorsed school counselors, students will immerse themselves in the practical application of counseling theories and techniques to support adolescent students in their academic, social, and emotional development while adhering to Nebraska state requirements for school counselor endorsement. Each student must accrue 450 clock hours with at least 180 hours of direct service. The semester before enrollment, the student must complete the internship application process and be pre-approved.

Prerequisites: COUN 646

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 683 SCHOOL COUNSELING INTERNSHIP-SECONDARY3 Credits

This culminating field experience is designed for eligible School Counseling students to build upon the practicum experience and more deeply engage in counseling and guidance activities within a secondary school setting. Under the supervision of endorsed school counselors, students will immerse themselves in the practical application of counseling theories and techniques to support adolescent students in their academic, social, and emotional development while adhering to Nebraska state requirements for school counselor endorsement. Each student must accrue 450 clock hours with at least 180 hours of direct service. The semester before enrollment, the student must complete the internship application process and be pre-approved.

Prerequisites: COUN 646

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.