

MASTER OF ARTS IN EDUCATION - CLINICAL MENTAL HEALTH COUNSELING

The Clinical Mental Health Counseling Program offers a Master of Arts in Education. This degree program requires the successful completion of 60 credit hours of graduate education. Completion of the MAE in Clinical Mental Health Counseling provides graduates with the academic requirements toward mental health licensure in Nebraska. Along with the MAE degree, graduates who successfully pass the National Counselor Examination (NCE) will be prepared to apply for the provisional Licensed Mental Health Practitioner (PLMHP) license in Nebraska.

Graduate Counselor Education Program Mission

Our mission is to prepare highly effective counselors equipped with the knowledge, skills, and dispositions to serve a diverse, multicultural, and global society with marginalized populations. The faculty, current and former students, and community partners provide input to achieve our mission through the following objectives.

Graduate Counselor Education Program Student Learning Outcomes

Clinical Mental Health Counseling Master's Program Objectives

1. Foster the development of a strong professional counselor identity following the ethical guidelines outlined in the ACA and ASCA Codes of Ethics.
2. Prepare culturally competent counselors to serve a diverse, multicultural, and global society with marginalized populations.
3. Prepare counselors to apply human developmental theory to inform interventions across the lifespan.
4. Produce counselors with a nuanced understanding of career development to conceptualize the intricate interplay between work, mental well-being, and other life roles.
5. Prepare counselors who employ theoretically grounded counseling interventions to establish theory-based client outcomes.
6. Prepare counselors who employ group dynamics and application of group theory in group counseling practice.
7. Prepare counselors who employ ethical and culturally responsive assessment practices, strategies, and interventions in counseling practice.
8. Prepare counselors who critically evaluate and utilize research methods in professional counseling.
9. Produce Clinical Mental Health Counselors adept at diagnosis, mental health case conceptualization, and treatment planning.

Program of Study

The CACREP Accredited Clinical Mental Health Counseling master's degree prepares students to work professionally in various public and private counseling agencies. In Nebraska, counselors must seek licensure from the state to engage in counseling. Our Clinical Mental Health Counseling Program (CMHC) provides the academic background to support individuals pursuing licensure as mental health practitioners. The Department of Health & Human Services/Division of Public Health/

Licensure Unit generally approves CSC counselor education courses for professional counselor continuing education (CE) credit. Please refer to the (<https://www.csc.edu/academics/counseling/>) Counselor Education Student Handbook (<https://www.csc.edu/academics/counseling/>) for more detailed information.

Courses:

Code	Title	Credits
COUN 500	COUNSELING ORIENTATION ¹	0
COUN 502	INTRODUCTION TO CLINICAL MENTAL HEALTH COUNSELING ^{1, 2, 3}	3
COUN 520	PSYCHOPHARMACOLOGY, SOCIAL AND MEDICAL ISSUES IN ADDICTIONS ^{5, 6}	3
COUN 523	DIAGNOSES AND THE DSM ^{3, 4}	3
COUN 532	TREATMENT ISSUES IN ADDICTIONS ⁵	3
COUN 533	ETHICAL AND LEGAL ISSUES IN COUNSELING ^{3, 4}	3
COUN 534	COUNSELING ASSESSMENT ⁴	3
COUN 535	MULTICULTURAL COUNSELING ¹	3
COUN 537	HUMAN DEVELOPMENT	3
COUN 541	COUNSELING THEORIES ^{1, 3}	3
COUN 545	ESSENTIALS OF ADDICTION COUNSELING AND CASE MANAGEMENT ⁶	3
COUN 629	CHILD AND ADOLESCENT COUNSELING	3
COUN 630	CRISIS COUNSELING	3
COUN 632	CAREER DEVELOPMENT	3
COUN 634	GROUP COUNSELING ^{3, 4}	3
COUN 636	COUPLE AND FAMILY COUNSELING	3
COUN 638	COUNSELING SKILLS AND TECHNIQUES ^{1, 4}	3
COUN 641	COUNSELING RESEARCH AND PROGRAM EVALUATION ^{2, 4}	3
COUN 645	CLINICAL MENTAL HEALTH COUNSELING PRACTICUM ^{3, 4, 7}	3
COUN 680	CLINICAL MENTAL HEALTH COUNSELING INTERNSHIP I ^{3, 7}	3
COUN 681	CLINICAL MENTAL HEALTH COUNSELING INTERNSHIP II ^{3, 7}	3
Total Credits		60

¹ COUN 500, 502, 535, 541 is a prerequisite for COUN 638

² COUN 502 is a prerequisite for COUN 641

³ A minimum grade of B is required.

⁴ COUN 523, 533, 534, 634, 638, 641 are prerequisites for COUN 645

⁵ COUN 532 is a prerequisite for COUN 520

⁶ COUN 520 is a prerequisite for COUN 545

⁷ COUN 645 is a prerequisite for COUN 680; COUN 680 is a prerequisite for 681. All must be completed in a clinical mental health setting.

Clinical Mental Health Counseling Field Experience

Students must complete Practicum and Internship in a clinical mental health setting. They provide practical, applied experience in a mental health setting. Please refer to the Counselor Education Student Handbook (<https://www.csc.edu/academics/counseling/>) for more detailed information.

Provisional Licensed Alcohol & Drug Counselor (PLADC)

CMHC students seeking licensure as a Provisional Nebraska Licensed Alcohol & Drug Counselor (PLADC) will have completed the academic coursework toward the Provisional Alcohol & Drug Counselor license (PLADC). They can also seek a field experience under the supervision of a LADC. Don't hesitate to contact the Counselor Education Program for more information.

Nebraska Professional School Counselor Endorsement

CMHC students who also seek endorsement as a Nebraska Professional School Counselor can complete the academic coursework toward this endorsement, including an internship for each endorsement level under the supervision of an endorsed school counselor. Don't hesitate to contact the Counselor Education Program for more information.