

COUNSELING (COUN)

The Chadron State College (CSC) Counseling Program provides academic training toward licensure as a Professional Licensed Alcohol and Drug Counselor (PLADC) in Nebraska

Applicants who have obtained a High School Diploma, GED, or College Degree; completed 270 clock hours of education related to the knowledge and skills of alcohol and drug counseling; and completed 300 hours of supervised practical training have met the Nebraska State requirements to apply for Licensure as a Provisional Licensed Alcohol and Drug Counselor (PLADC). The seven CSC courses listed below meet the required 270 clock hours of education.

COUN 121 ADDICTION COUNSELING THEORIES AND TECHNIQUES3 Credits

This course will identify at least ten counseling theories. Explore the techniques of counseling which will include attending skills, reflective feedback, paraphrasing, summarizing, therapeutic confrontation, as well as empathy development for the therapeutic alliance.

Essential Studies: SLO #3

COUN 123 ADDICTION COUNSELING ETHICS AND DIVERSITY3 Credits

This course will explore the ethical and professional standards of addiction counseling and how it applies to diversity. This course will explore diversity of cultural, ethnic, economic, lifestyle sexual, spiritual populations. There will be a discussion of the ability to apply diverse theories and techniques to the diverse populations and how the ethical standards relate to both theory and diversity.

Essential Studies: SLO #10

COUN 125 ADDICTION COUNSELING WITH GROUPS3 Credits

This course will identify theories, processes and dynamics, techniques, and methods of group counseling and facilitation.

Essential Studies: SLO #3

COUN 127 LIFESPAN DEVELOPMENT2 Credits

This course will study the nature and needs of individuals at all development levels from birth to death.

COUN 131 MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS3 Credits

This course will identify the processes of dependence, addiction and withdrawal covering signs, symptoms and behavior patterns. Identifying drug types and pharmacology will be an important aspect.

Essential Studies: SLO #11

COUN 133 CLINICAL ADDICTION TREATMENT ISSUES2 Credits

This course will study treatment issues specific to addiction and chemical dependency. Issues explored will be denial, resistance, minimization, co-occurring disorders, family dynamics, spirituality and influences of self-help groups.

COUN 135 ADDICTION ASSESSMENT AND CASE PLANNING2 Credits

This course will identify collecting client data, assessment instruments identifying at least two drug and alcohol instruments to assist in treatment planning considerations. The practice of record keeping addressing planning, summaries, progress notes discharge plans and clinical review will be explored as well identified.