

# COUNSELING (COUN)

## The Chadron State College (CSC) Counseling Program provides academic training toward licensure as a Professional Licensed Alcohol and Drug Counselor (PLADC) in Nebraska

Applicants who have obtained a High School Diploma, GED, or College Degree; completed 270 clock hours of education related to the knowledge and skills of alcohol and drug counseling; and completed 300 hours of supervised practical training have met the Nebraska State requirements to apply for Licensure as a Provisional Licensed Alcohol and Drug Counselor (PLADC). The seven CSC courses listed below meet the required 270 clock hours of education.

### **COUN 127 LIFESPAN DEVELOPMENT3 Credits**

This course will study the nature and needs of individuals at all development levels from birth to death. (LADC Clock Hours-30).

### **COUN 133 CLINICAL ADDICTION TREATMENT ISSUES3 Credits**

This course will study treatment issues specific to addiction and chemical dependency, such as denial, resistance, minimization, co-occurring disorders, family dynamics, spirituality, and influences of self-help groups. It will incorporate the study of chemical dependency clinical treatment needs of individuals while taking into consideration gender, culture, and lifestyle. (LADC Clock Hours-30).

### **COUN 202 SEMINAR/TOPICS IN COUNSELING1-3 Credits**

To meet the individual needs of students, it may become necessary to offer seminars or special topics that are not within the range of counseling courses described in this publication.

### **COUN 225 ADDICTION COUNSELING WITH GROUPS3 Credits**

This course will identify theories, processes and dynamics, techniques, and methods of group counseling and facilitation. (LADC Clock Hours-45)

**Essential Studies:** SLO #3

### **COUN 235 ADDICTION ASSESSMENT AND CASE PLANNING3 Credits**

This course will explore the process of collecting client data for decision making on alcohol/drug disorder diagnosis, level of care placement, treatment, and referral. It will also study the practice of record keeping, assessment summaries, treatment plans, progress notes, discharge plans, clinical case reviews, assessment instruments, and case management activities designed to achieve client treatment goals (LADC Clock Hours-30).

### **COUN 321 ADDICTION COUNSELING THEORIES AND TECHNIQUES3 Credits**

This course will include the study and practice of theories, principles, and techniques of counseling. Major counseling theories to include Adlerian, Cognitive Behavioral, Reality, Client-Centered, Gestalt, and others. We will also cover counseling techniques to include attending skills, reflective feedback, paraphrasing, summarizing, therapeutic confrontation, and empathy development. (LADC Clock Hours-45).

**Essential Studies:** SLO #3

**Prerequisites:** Sophomore or above status

### **COUN 323 ADDICTION COUNSELING ETHICS AND DIVERSITY3 Credits**

This course will explore the ethical standards of addiction counseling. This will include the application of ethical principles such as non-discrimination, integrity, competence, and client welfare to diverse populations. It will also address cultural, social, lifestyle, spiritual, and economic factors relevant to the provision of competent counseling to varied and multicultural populations. (LADC Clock Hours-45).

**Essential Studies:** SLO #10

**Prerequisites:** Sophomore or above status

### **COUN 331 MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS3 Credits**

This course will study the physiological, psychological, and sociological aspects of alcohol/drug use, abuse, and dependence. It will explore the processes of dependence, addiction, and withdrawal along with associated signs, symptoms, and behavior patterns. It will also include the study of drug types and pharmacology. (LADC Clock Hours-45).

**Essential Studies:** SLO #11

**Prerequisites:** Sophomore or above status

### **COUN 402 SEMINAR/TOPICS IN COUNSELING1-3 Credits**

To meet the individual needs of students, it may become necessary to offer seminars or special topics that are not within the range of counseling courses described in this publication.

**Prerequisites:** Junior or above status