

# NUTRITION AND WELLNESS MINOR

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Code	Title	Credits
Select one of the following:		3
FCS 136 & 136L	FOOD SCIENCE and FOOD SCIENCE LAB	
FCS 236 & 236L	FOOD & MEALS ACROSS THE LIFESPAN and FOODS & MEALS ACROSS THE LIFESPAN LAB	
FCS 247	NUTRITION	3
FCS 417	LIFESPAN WELLNESS	3
FCS 427	WORKSITE WELLNESS	3
FCS 447	NUTRITION FOR SPORT & WELLNESS	3
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	3
Total Credits		18