

# BACHELOR OF SCIENCE - EDUCATION - FIELD ENDORSEMENT IN HEALTH AND PHYSICAL EDUCATION (GRADES PK-12)

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A student must complete the following program in addition to the Essential Studies and Professional Education Requirements for a Secondary Endorsement. This includes achieving minimum required scores on Praxis I and completion of CSC required Praxis II exam.

| Code  | Title  | Credits |
|---|--|---------|
| Essential Studies ( <a href="http://catalog.csc.edu/undergraduate/essential-studies-program/">http://catalog.csc.edu/undergraduate/essential-studies-program/</a> )     |  |         |
| Professional Education Requirements ( <a href="http://catalog.csc.edu/secondary-education-requirements/">http://catalog.csc.edu/secondary-education-requirements/</a> ) |  |         |
| Core Requirements   |  |         |
| HPER 122  | FOUNDATIONS OF HEALTH AND PHYSICAL EDUCATION   | 1       |
| HPER 232  | APPLIED EXERCISE PHYSIOLOGY                    | 3       |
| HPER 233  | PERSONAL HEALTH/WELLNESS                       | 3       |
| HPER 236  | HEALTH TOPICS                                  | 3       |
| HPER 325  | TEACHING IND/DUAL SPORTS                       | 3       |
| HPER 332  | SAFETY AND FIRST AID <sup>1</sup>              | 2       |
| HPER 339  | THEORY OF PHYSICAL EDUCATION K-8               | 3       |
| HPER 422  | INTRO TO ADAPTED PHYS ED                       | 3       |
| HPER 427  | RHYTHMIC MOVEMENT                              | 3       |
| HPER 428  | CURRICULUM IN HEALTH                           | 3       |
| HPER 429  | MOTOR MOVEMENT                                 | 3       |
| HPER 431  | COMMUNITY & ENVIRONMENTAL HEALTH <sup>1</sup>  | 3       |
| HPER 432  | TESTS & MEASUREMENTS IN PHYSICAL EDUCATION     | 3       |
| HPER 435  | CURRICULUM PLANNING IN PHYSICAL EDUCATION      | 3       |
| HPER 436  | ADVENTURE BASED LEARNING                       | 3       |
| HPER 439  | BIOMECHANICS OF SPORTS <sup>1</sup>            | 3       |
| HPER 441  | COORDINATED SCHOOL HEALTH PROGRAM <sup>1</sup> | 3       |
| HPER 442  | AQUATICS AND WATER SAFETY <sup>1</sup>         | 3       |
| HPER 456  | ESSENTIALS OF STRENGTH AND CONDITIONING        | 3       |
| Total Credits   |  | 54      |

<sup>1</sup> Requires a Prerequisite.