

EXERCISE SCIENCE MINOR

Code	Title	Credits
HPER 209	ADVANCED FITNESS ACTIVITIES ¹	3
HPER 232	ANATOMICAL AND PHYSIOLOGICAL KINESIOLOGY	3
HPER 332	SAFETY AND FIRST AID ¹	2
HPER 336	FITNESS EVALUATION AND EXERCISE PRESCRIPTION ¹	3
HPER 429	MOTOR MOVEMENT	3
HPER 439 & 439L	BIOMECHANICS OF SPORTS and BIOMECHANICS OF SPORTS LABORATORY ¹	3
HPER 454	PRINCIPLES OF PERSONAL TRAINING ¹	3
Total Credits		20

¹ Requires a Prerequisite.