

MENTAL HEALTH AND ADDICTION - WELLNESS MINOR

The Mental Health and Addiction - Wellness minor is designed to complement a variety of undergraduate majors wishing to incorporate a mental health addiction focus. Students who successfully complete this minor will have three of the seven courses required to apply for licensure as a Provisional Alcohol & Drug Counselor (PLADC) in the state of Nebraska. Additional requirements for licensure include the completion of COUN 127, 133, 225, & 235, and 300 hours of supervised practical training in the 12 core functions.

Mental Health and Addiction - Wellness Minor

A student must complete the following courses in addition to a major in another discipline, and the Essential Studies Program requirements.

Code	Title	Credits
Core Requirements		
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS	3
FCS 234	INTRODUCTION TO HEALTH AND HUMAN SERVICES	3
FCS 420	LOSS ACROSS THE LIFESPAN	3
Select two of the following:		6
FCS 337	GUIDANCE TECHNIQUES IN HUMAN RELATIONS	
FCS 417	LIFESPAN WELLNESS	
FCS 434	ISSUES IN HEALTH AND HUMAN SERVICES	
FCS 437	FAMILY STRENGTHS	
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	
Total Credits		21