

COUNSELING (COUN)

COUN 501 TOPICS IN COUNSELING1-3 Credits

To meet students' individual needs, offering seminars or special topics not within the range of counseling courses described in this publication may become necessary.

COUN 520 PSYCHOPHARMACOLOGY, SOCIAL AND MEDICAL ISSUES IN ADDICTIONS3 Credits

This course will explore medical and psychosocial aspects of alcohol/drug use, abuse, and addiction. Designed to meet licensure for Alcohol and Drug Counseling, the emphasis is on psychopharmacology and addiction.

COUN 523 DIAGNOSES AND THE DSM3 Credits

The course explores psychopathology's social-biological origins and dynamics in adults and children. It introduces students to the latest edition of the Diagnostic and Statistical Manual of Mental Disorders to facilitate making psychological diagnoses. Students will also receive an overview of the etiology of various psychological disorders crucial to helping clinicians recognize how psychopathology may develop, is maintained, and respond to treatment. Identifying variables associated with the onset and maintenance of psychological disorders may also help students differentiate among various psychological disorders.

Requirements: Minimum grade of B.

COUN 531 COUNSELING AND COMMUNICATION SKILLS3 Credits

This course provides an opportunity to develop essential communication, interviewing, and counseling competencies. A focus is on developing the listening and interviewing skills necessary to utilize techniques across various theoretical orientations. It emphasizes counselor self-awareness counselor development and includes recorded counseling interviews and role-plays.

Requirements: Online synchronous and asynchronous participation. Minimum grade of B.

COUN 532 TREATMENT ISSUES IN ADDICTIONS3 Credits

This course explores chemical and behavioral dependency recognition, co-occurring disorders, and their impact on medical and mental health issues.

COUN 533 COUNSELING ETHICS AND PROFESSIONAL IDENTITY3 Credits

This course facilitates the development of student knowledge of ethical principles, professional codes, and decision-making capacity. It will explore legal statutes impacting counselor behavior, examples of malpractice, and risk management strategies for maintaining a healthy counselor practice in school and mental health settings.

Notes: Online synchronous participation may be required.

Requirements: Minimum grade of B

COUN 534 FUNDAMENTALS OF ASSESSMENT3 Credits

This course examines basic assessment principles, including achievement, aptitude, and intelligence tests, interest and personality inventories, diagnostic measures, client outcome and rating measures, clinical interviews, and observations. Students can conduct assessments, interpret assessment results, and write assessment reports.

COUN 535 MULTICULTURAL COUNSELING3 Credits

This course explores multicultural concepts, cultural identity development, and application of counseling strategies appropriate for culturally diverse clients. It also focuses on social justice and advocacy strategies, examining personal attitudes toward diverse populations to increase multicultural competency.

COUN 541 COUNSELING THEORIES3 Credits

This course provides an overview of foundational theoretical models of counseling. Students will develop an understanding of core counseling theories and their origins, philosophical tenets, and applications. Students will also examine their own theoretical beliefs and identify a personal theoretical orientation to inform their approach to counseling.

Requirements: Minimum grade of B.

COUN 545 ESSENTIALS OF ADDICTION COUNSELING AND CASE MANAGEMENT3 Credits

This course will explore specific approaches to alcohol and drug assessment. Students will explore the identification and development of addiction treatment planning strategies and case management.

COUN 600 INDEPENDENT RESEARCH OR STUDY1-3 Credits

This course is a guided independent research or study in counseling. The number of course credits varies per the topic and the amount of work required.

Add Consent: Instructor Consent

Requirements: Consent of Instructor, Dean of Graduate Studies, and Academic Vice President.

COUN 601 PRACTICUM-CLINICAL MENTAL HEALTH COUNSELING3 Credits

Students will engage in a supervised counseling experience in a clinical setting under the supervision of the course instructor and an on-site supervisor. They will apply principles, techniques, and strategies acquired in previous coursework and demonstrate relevant acquired skills and developed competencies, completing 100 hours of practical experience (minimum of 40 direct contact hours) and participating in weekly supervision with an on-site supervisor. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are part of the practicum. Students must have a departmental-approved field site before starting the course.

Prerequisites: COUN 523, 531, 533, 541, 631 and 634

Co-requisites: COUN 634

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 602 PRACTICUM-SCHOOL COUNSELING3 Credits

Students will engage in a supervised counseling experience in a PK-12 school setting (PK-8, 7-12, PK-12) under the supervision of the course instructor and an on-site supervisor. Students will apply principles, techniques, and strategies acquired in previous coursework and demonstrate relevant acquired skills and developed competencies, completing 100 hours of practical experience (minimum of 40 direct contact hours) and participating in weekly supervision with an endorsed school counselor. Students will work to apply the American School Counselor Association's (ASCA) National Model. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are part of the practicum. Students must have a departmental-approved field site before starting the course.

Prerequisites: COUN 531, 533, 541, 634, 635

Co-requisites: COUN 634

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 629 CHILD AND ADOLESCENT COUNSELING3 Credits

This course explores counseling theories, models, and therapeutic techniques for children and adolescents. Emphasis is on applying models, theories, and the appropriate selection and execution of counseling interventions specific to school-age.

COUN 630 CRISIS COUNSELING3 Credits

This course will examine disaster response, crisis prevention, and intervention. Students will increase their knowledge and application of crisis assessment, prevention, and intervention techniques drawn from theoretical frameworks, including the time-limited nature of crisis intervention, related legal and ethical issues, and appropriate interfacing with relevant service providers.

Notes: Online synchronous participation may be required.

COUN 631 PRINCIPLES AND PRACTICES OF MENTAL HEALTH COUNSELING3 Credits

This course addresses professional principles and practices of mental health counseling. It includes history, identity, roles, and trends affecting the field and practice of mental health counseling in community and agency settings.

Requirements: Minimum grade of B.

COUN 632 CAREER AND LIFESTYLE DEVELOPMENT3 Credits

This course examines career development theories and lifestyle approaches throughout the lifespan. Students explore the impact of career choices across the lifespan and how to utilize career assessments and access career information for counseling clients. Students will also explore common occupational issues and the interrelationships between work and other life roles.

Notes: Online synchronous participation may be required.

COUN 634 GROUP COUNSELING3 Credits

This course examines group dynamics in theory and practice. Students will explore various types of counseling groups, group stages and dynamics, ethical considerations, diversity, and facilitation skills. The course includes a weekly synchronous small group counseling experience.

Requirements: Online synchronous and asynchronous participation. Minimum grade of B.

COUN 635 SCHOOL COUNSELING3 Credits

This course prepares school counseling students for effective program development, delivery, and evaluation based on the national ASCA model, focusing on the career, academic, personal, and social development aspects of school counseling.

Requirements: Minimum grade of B.

COUN 636 COUPLE AND FAMILY COUNSELING3 Credits

This course provides an overview of the historical roots and primary theoretical orientation of couple and family counseling. The course examines the application of therapeutic interventions, research trends, and ethical principles through a systemic lens.

COUN 637 ADVANCED HUMAN DEVELOPMENT3 Credits

This course examines human growth and development across the lifespan. The student will review an emphasis on physiological, cognitive, social, emotional, personality, spiritual, and moral development, as well as legal, ethical, and diversity issues concerning human growth and development.

COUN 640 INTERNSHIP IN COUNSELING1-6 Credits

Students will complete a supervised counseling internship in roles and settings relevant to their specialty area. CMHC students will apply critical counseling skills learned in previous coursework in a clinical setting. They must complete 600 total hours of their supervised counseling internship (300 direct contact hours) at an approved clinical site. School Counseling students must complete 450 total hours, per endorsement level, of their supervised counseling internship (180 direct contact hours) at an approved school site. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are a part of the internship. This course will meet the Nebraska state law requirements for licensure and specialization endorsement.

Prerequisites: COUN 601 or 602

Add Consent: Instructor Consent

Requirements: Online synchronous and asynchronous participation; Minimum grade of B.

COUN 655 SCHOLARLY PROJECT1-3 Credits

In this course, the student engages in a project related to their area of specialization in cooperation with their advisor. This course is for students selecting Plan II, as listed under Program Requirements.

Add Consent: Instructor Consent

Requirements: Must complete three (3) credit hours.

COUN 660 THESIS1-6 Credits

In this course, the student designs and implements an extensive research project in cooperation with their advisor. This course is for students selecting Plan I, as listed under Program Requirements.

Add Consent: Department Consent

Requirements: Permission of advisor and the Dean of Graduate Studies; must complete six (6) credit hours.