

BACHELOR OF ARTS – COMPREHENSIVE MAJOR IN FAMILY AND CONSUMER SCIENCES

A student must complete the Essential Studies requirements, the following core requirements, and one of the options listed below. Consultation with an advisor is recommended to help plan the sequencing of classes.

Note: Students interested in entering graduate programs or seeking certification in a specialized area should consult an advisor to determine additional courses necessary to meet the pre-requisites required for entry into graduate programs. (i.e. Registered Dietician).

FCS Core Requirements

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
FCS Core Requirements		
FCS 122	PERSPECTIVES IN FAMILY AND CONSUMER SCIENCES	3
FCS 139	HUMAN DEVELOPMENT	3
FCS 247	NUTRITION	3
FCS 320	AGING AND DEATH	3
or FCS 420	LOSS ACROSS THE LIFESPAN	3
FCS 331	RESOURCE MANAGEMENT	3
FCS 422	PROFESSIONAL CAREER DEVELOPMENT ¹	3
FCS 435	CONSUMER SCIENCE	3
Select one of the following options:		29-36
Child and Family Studies (p. 1)		
Design & Merchandising (p. 1)		
Health and Human Services (p. 2)		
Nutrition and Wellness (p. 2)		
Total Credits		50-57

¹ FCS 422 PROFESSIONAL CAREER DEVELOPMENT also serves as a Capstone course for Essential Studies

Child and Family Studies Option

Code	Title	Credits
FCS Core Requirements		
FCS 236 & 236L	FOOD & MEALS ACROSS THE LIFESPAN and FOODS & MEALS ACROSS THE LIFESPAN LAB	3
FCS 337	GUIDANCE TECHNIQUES IN HUMAN RELATIONS	3
FCS 338	PRENATAL AND INFANT PRACTICUM	3
FCS 239	PARTNERS IN EDUCATION	3
Select one of the following focus areas:		24
Child Studies (p. 1)		
Family Studies (p. 1)		
Total Credits		57

Focus Areas for Child and Family Studies Option

A student must choose one of the following two focus areas listed below:

Child Studies Focus

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
FCS Core Requirements		
Major Requirements for Child & Family Option		12
CA 420	RELATIONAL AND FAMILY COMMUNICATION	3
EDUC 231	PLAY/ART/MUSIC FOR EARLY CHILDHOOD	3
EDUC 232	SCIENCE, MATH, AND SOCIAL SCIENCE FOR EARLY CHILDHOOD	3
EDUC 233	LITERATURE AND LANGUAGE ARTS PROGRAM FOR EARLY CHILDHOOD	3
FCS 321A	CURRICULUM DEVELOPMENT IN EARLY CHILDHOOD EDUCATION	2
FCS 423	PROGRAM DEVELOPMENT AND MANAGEMENT	3
FCS 448 & 448L	EARLY CHILDHOOD PRACTICUM and EARLY CHILDHOOD PRACTICUM LABORATORY	4
SPED 230	INTRODUCTION TO THE EXCEPTIONAL LEARNER	3
Total Credits		57

Family Studies Focus

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
FCS Core Requirements		
Major Requirements for Child & Family Option		12
CA 420	RELATIONAL AND FAMILY COMMUNICATION	3
FCS 390	INTERNSHIP IN FCS	3
FCS 437	FAMILY STRENGTHS	3
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	3
CA 440	GENDER AND COMMUNICATION	3
CTE 431	INTRODUCTION TO SPECIAL NEEDS PROGRAMS IN CTE	3
FCS 233	FAMILIES IN SOCIETY	3
LS 236	FAMILY LAW	3
Total Credits		57

² Recommended elective options: HPER 332 SAFETY AND FIRST AID, HPER 429 MOTOR MOVEMENT, SPED 331 BEHAVIOR MODIFICATION AND MANAGEMENT, SPED 334 DIFFERENTIATED INSTRUCTION FOR DIVERSE CLASSROOMS, PSYC 231 EDUCATIONAL PSYCHOLOGY.

Design & Merchandising Option

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
Core Requirements		
ART 229	INTRO TO GRAPHIC DESIGN	3
FCS 135 & 135L	ALTERATION AND CONSTRUCTION TECHNIQUES and ALTERATIONS AND CONSTRUCTION LABORATORY	3
FCS 224	HOUSING AND INTERIOR DESIGN	3

MKTG 231	PRINCIPLES OF MARKETING	3
BA 337	BUSINESS LAW	3
BIS 337	E-COMMERCE	3
FCS 390	INTERNSHIP IN FCS	3
Electives		
Select four of the following:		12
ART 298	ART HISTORY I SURVEY	
or ART 299	ART HISTORY II SURVEY	
or ART 340	TWENTIETH CENTURY ART	
ART 323	CREATIVE PHOTOGRAPHY	
ART 331	MIXED MEDIA	
BA 432	LEGAL ASPECTS OF BUS OWNERSHIP	
MGMT 230	PRINCIPLES OF MANAGEMENT	
MKTG 331	SALES TECHNIQUES	
MKTG 338	CONSUMER BEHAVIOR	
MKTG 334	NEW PRODUCT DEVELOPMENT	
MKTG 336	PROMOTIONS AND ADVERTISING	
MS 330	MANAGEMENT AND CARE OF COLLECTIONS	
Elective Total		
Total Credits		54

Health and Human Services Option

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
FCS Core Requirements		21
FCS 234	INTRODUCTION TO HEALTH AND HUMAN SERVICES	3
FCS 390	INTERNSHIP IN FCS	3
FCS 434	ISSUES IN HEALTH AND HUMAN SERVICES	3
CTE 431	INTRODUCTION TO SPECIAL NEEDS PROGRAMS IN CTE	3
LS 235	ADMINISTRATIVE LAW	3
or LS 236	FAMILY LAW	
MATH 232	APPLIED STATISTICS	3
or PSYC 242	MEASUREMENT AND RESEARCH DESIGN	
Select one of the following focus areas:		11-12
Health Services (p.)		
Gerontology (p.)		
Total Credits		50-51

Focus Areas for Health and Human Services Option

A student must choose one of the following two focus areas listed below:

Health Services Focus

Code	Title	Credits
FCS 427	WORKSITE WELLNESS	3
FCS 436	GLOBAL FOOD SYSTEMS	3
FCS 467	EPIDEMIOLOGY AND GLOBAL HEALTH	3
CA 353	HEALTH COMMUNICATION	3
Total Credits		12

Gerontology Focus

Code	Title	Credits
FCS 437	FAMILY STRENGTHS	3
SW 332	SERVICES TO ELDERLY AND DIFFERENTLY ABLED	2
LS 431	ESTATE PLANNING	3
CA 420	RELATIONAL AND FAMILY COMMUNICATION	3
Total Credits		11

Note: Students pursuing this option MUST take FCS 233 FAMILIES IN SOCIETY as their Essential Studies SLO #10 requirement and CA 330 CONFLICT RESOLUTION AND MEDIATION as their Essential Studies SLO #3 requirement.

Nutrition and Wellness Option

Code	Title	Credits
Essential Studies (http://catalog.csc.edu/undergraduate/essential-studies-program/)		
FCS Core Requirements		21
CA 353	HEALTH COMMUNICATION	3
FCS 236 & 236L	FOOD & MEALS ACROSS THE LIFESPAN and FOODS & MEALS ACROSS THE LIFESPAN LAB	3
FCS 390	INTERNSHIP IN FCS	3
FCS 417	LIFESPAN WELLNESS	3
FCS 427	WORKSITE WELLNESS	3
FCS 447	NUTRITION FOR SPORT & WELLNESS	3
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	3
FCS 467	EPIDEMIOLOGY AND GLOBAL HEALTH	3
HPER 336	FITNESS EVAL & EXERCISE PRESCR	3
MATH 232	APPLIED STATISTICS	3
or PSYC 242	MEASUREMENT AND RESEARCH DESIGN	
Total Credits		51

Note: Students interested in entering graduate programs in Dietetics, Public Health, Exercise Science or other medical careers should consult an advisor to determine additional courses necessary to meet the pre-requisites required for entry into graduate programs. (i.e. Registered Dietician).