

# MENTAL HEALTH AND ADDICTION - WELLNESS MINOR

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The Mental Health and Addiction - Wellness minor is designed to complement a variety of undergraduate majors wishing to incorporate a mental health addiction focus. Students who successfully complete this minor will have three of the seven courses required to apply for licensure as a Provisional Alcohol & Drug Counselor (PLADC) in the state of Nebraska. Additional requirements for licensure include the completion of COUN 127, 133, 225, & 235, and 300 hours of supervised practical training in the 12 core functions.

## Mental Health and Addiction - Wellness Minor

A student must complete the following courses in addition to a major in another discipline, and the Essential Studies Program requirements.

Code	Title	Credits
Core Requirements		
COUN 321	ADDICTION COUNSELING THEORIES AND TECHNIQUES	3
COUN 323	ADDICTION COUNSELING ETHICS AND DIVERSITY	3
COUN 331	MEDICAL AND PSYCHOSOCIAL ADDICTION ASPECTS	3
FCS 234	INTRODUCTION TO HEALTH AND HUMAN SERVICES	3
FCS 420	LOSS ACROSS THE LIFESPAN	3
Select two of the following:		6
FCS 337	GUIDANCE TECHNIQUES IN HUMAN RELATIONS	
FCS 417	LIFESPAN WELLNESS	
FCS 434	ISSUES IN HEALTH AND HUMAN SERVICES	
FCS 437	FAMILY STRENGTHS	
FCS 457	NUTRITION FOR COMMUNITY WELLNESS	
<b>Total Credits</b>		<b>21</b>